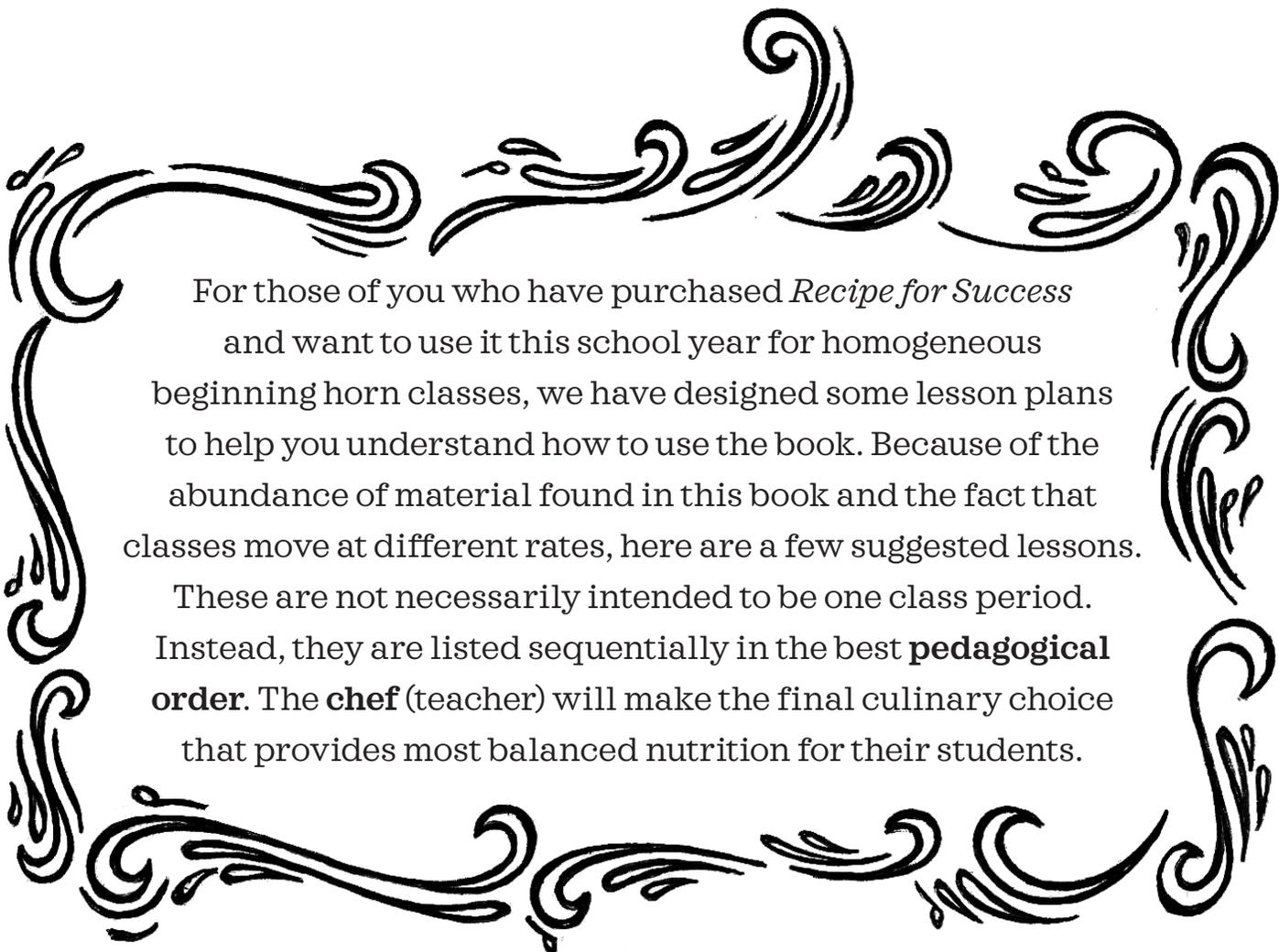


HOW TO USE

Recipe FOR *Success*

A decorative border made of black, swirling, calligraphic lines that frames the central text. The lines are thick and elegant, with many loops and curves, resembling a stylized floral or scrollwork design.

For those of you who have purchased *Recipe for Success* and want to use it this school year for homogeneous beginning horn classes, we have designed some lesson plans to help you understand how to use the book. Because of the abundance of material found in this book and the fact that classes move at different rates, here are a few suggested lessons.

These are not necessarily intended to be one class period. Instead, they are listed sequentially in the best **pedagogical order**. The **chef** (teacher) will make the final culinary choice that provides most balanced nutrition for their students.

1

Lesson One: 2nd valve slide only

Objectives: To become familiar with the book and how to use it

- Read pages: 2, 3
- Page 24: Number 3, 4, 5

2

Lesson Two: Mouthpiece/2nd valve slide

Objectives: To identify the parts of the horn; To demonstrate a buzz on the 2nd valve ring with an open aperture and correct embouchure

- Page 24: Number 2, 3, 4, 5
- Page 25: Number 6
- Read page: 9

3

Lesson Three: Mouthpiece/2nd valve slide

Objectives: To tongue on the mouthpiece with continuous air; To demonstrate a gradual siren going higher and lower; To develop the ability to match pitch on the mouthpiece

- Page 24: Number 2, 3, 4, 5
- Page: 25 Number 6, 7
- Page: 27

4

Lesson Four: Mouthpiece

Objectives: To identify the four points of an ideal embouchure; To define and spell the words embouchure and aperture; To develop the ability to match pitch on the mouthpiece; To demonstrate a tall breath with the mouthpiece placed on the top lip; To demonstrate proper tonguing with connected notes

- Read page 17
- Page 24: Number 2, 3, 4
- Page 25: Number 6, 7
- Page 27

5

Lesson Five: Begin using the horn

Objectives: To model the proper way to hold and set down the horn; To model the correct posture for playing the horn; To perform a long, steady note on the horn without changing pitch

- Read page 10, 13, 14
- Page 25: Number 8

6

Lesson Six

Objectives: To identify the F and/or Bb slides of the horn; To locate the main tuning slide; To set up the slides for good general tuning;

- Read pages 23, 18
- Page 25: Number 6, 7, 8
- Page 26: Number 9
- Read page 35: if students are playing a double horn

7

Lesson Seven

Objectives: To demonstrate how to empty water from the horn; To establish good practice habits

- Page 28
- Read page 11

8

Lesson Eight

Objectives: To develop the ability to tap the left foot along with the beat of a metronome; To identify a whole note, whole rest, staff, treble clef, barline

- Page 24: Number 3, 4
- Page 27
- Page 29

9

Lesson Nine

Objectives: To learn to play D and F; To demonstrate a tall breath with the mouthpiece placed on the top lip

- Page 24: Number 3, 4
- Page 25: Number 6, 7
- Page 30

10

Lesson Ten

Objectives: To demonstrate knowledge of the first five notes: C, D, E, F, G) by naming, fingering and playing them.

- Page 24: Number 3, 4
- Page 25: Number 6, 7
- Page 31

11

Lesson Eleven

Objectives: To learn to play Bb, Eb F#, half notes, half rests; To demonstrate a slur between two or more notes

Page 25: Number 7
Page 32

12

Lesson Twelve

Objectives: To perform four consecutive notes on the mouthpiece and horn, keeping the notes connected

Page 27: Lines 6, 7
Page 33

13

Lesson Thirteen

Objectives: To find middle C on the horn by using the trigger; To demonstrate knowledge of the following notes by naming, fingering and playing them: C, D, E, F, G, F#, Bb, Eb

- Page 25: 6, 7
- Read: Page 35
- Page 34

14

Lesson Fourteen

Objectives: To explain concert/horn pitch

- Page 32, 33, 34: choose lines at random
- Read and discuss: Page 36-37

15

Lesson Fifteen

Objectives: To intentionally review everything from the objective pages while having fun; To indentify the five food groups in this book and explain how that applies to practicing

- **Play a review game:** Use pages 19, 38
- Celebrate: Read page 39
- **Begin “eating” from all the food groups**

16

Lesson Sixteen

Objectives: To perform a smooth lip slur by sliding through the pitches; To describe two characteristics of a poor tone; To recite the musical alphabet forward and backwards on any letter; To find C and walk up to the correct starting pitch; To be able to rapidly identify all parts of the horn

- Range & Flexibility: Page 43, Letter A
- Breathing & Tone: Read page 69
- Technique: Practice page 91
- Music: Page 135, Number 1, 2, 4: Find C and walk up or down to starting pitch
- Just For Fun: Page 181, Number 1

17

Lesson Seventeen

Objectives: To perform smooth lip slurs by sliding through pitches; To recite the musical alphabet forward and backwards on any letter; To demonstrate the three positions of holding the horn; To accurately play the first note of each song by finding middle C and “walking” up or down to the correct pitch

- Range & Flexibility: Page 43, Letter B
- Breathing & Tone: Page 70, Number 1
- Technique: Practice page 91
- Music: Page 135, Number 3, 5: ala carte: 2, 4
- Just For Fun: Page 181, Number 2

18

Lesson Eighteen

Objectives: To perform smooth lip slurs by sliding through pitches; To demonstrate a relaxed breath with stomach and back expansion; To establish pulse while playing with a metronome and tapping the left foot; To demonstrate how to walk and carry the horn

- Range & Flexibility: Page 43, Letter C
- Breathing & Tone: Page 70, Number 2
- Technique: Page 94, Number 1, 2
- Music: Page 136, Number 6, 7
- Just For Fun: Page 182, Number 3

19

Lesson Nineteen

Objective: To perform smooth lip slurs by sliding through pitches; To demonstrate a tall, relaxed breath by breathing in and out four beats; To buzz a steady note on the mouth-piece for a minimum of ten seconds long; To properly release a note without pressing the lips together or using the tongue;

- Range & Flexibility: Page 43, Letter C
- Breathing & Tone: Page 70, Number 2, 3
- Technique: Page 94, Number 3: ala carte: Number 1, 2
- Music: Page 136, Number 7, 8
- Just For Fun: Page 182, Number 4: ala carte: Number 5

20

Lesson Twenty

Objectives: To learn proper technique for descending below middle C; To match sound and pitch of a teacher's buzz; To perform the first eight notes of a C major scale; To demonstrate knowledge of fingerings; To demonstrate how to empty water from the horn

- Range & Flexibility: Page 43, Letter D
- Breathing & Tone: Page 70, Number 2, 4
- Technique: Read page 92, 93, Play the first four measures of Number 4 on page 94.
- Music: Page 136, Number 7, 8, 9
- Just For Fun: Page 182, Number 4